

Notice of the Vaccination against the H1N1 Flu Virus (Swine Influenza)

Amid the H1N1 Flu is now spreading in Japan, the new H1N1 flu vaccine has started in Tokyo. Those Who Are Given Priority for the Vaccine need to understand Features about the H1N1 Flu and Effects and Risks Associated with Vaccinations.

Features about the H1N1 Flu

Most people are not immune to the new influenza A (H1N1) virus, so it is easy for infection to spread. Many of those who did become infected, however, recovered quickly after exhibiting only mild symptoms. Treatment with antiviral drugs, such as Tamiflu and Relenza, has been found to be very effective.

However, expectant mothers and those with underlying diseases need to be extra careful because if they become infected, their conditions may potentially become very serious.

Side Effects and Risks Associated with Vaccinations

Vaccinations are an effective means of fighting the new flu virus and have the added advantage of preventing the illness from becoming serious in most cases. However, some symptoms may appear after immunization, such as swelling or fever, and there is the rare possibility of developing serious side effects. Getting vaccinated is a personal choice. If you decided to get vaccinated, please do so only after thoroughly understanding the risks involved.

Those Who Are Given Priority for the Vaccine

The current production of the new H1N1 flu vaccine is extremely limited throughout the world. At the moment, the amount that can be secured is restricted; therefore, the national government has determined that those with a high risk of becoming seriously ill and those involved in providing medical care should be given priority for the vaccine to keep the number of deaths and serious cases to a minimum.

Vaccinations will be made available in the following order of priority:

- (1) Expectant mothers and those with underlying diseases* (Vaccinations will be made available from in the middle of November.)
- (2) Children from one year of age to the age at which they are in the third grade of elementary school (Vaccinations will be made available from December.)
- (3) Parents of children under one year of age. (Vaccinations will be made available from January.)

- (4) Children in the fourth through sixth grades of elementary school and junior high and high school students as well as the elderly who are 65 years of age or older. (Vaccinations will be made available from January or February.)

*“Those with underlying diseases” refers to people undergoing treatment for such illnesses as chronic respiratory disorder, chronic heart disorder, chronic kidney disorder, chronic liver disorder, neural/neuromuscular disorder, blood disorder, diabetes, immune suppression due to disease and/or medical treatment, and pediatric chronic disorder.

Vaccination Fees

Two doses of the vaccine will cost ¥3,600 for the first dose and ¥2,550 for the second. (If you receive the second dose at a different medical institution, the fee for the second dose will be ¥3,600.)

Among those who are given priority for the vaccine, Higashimurayama City offers subsidies for the entire cost of the vaccination to households that receive public financial assistance for everyday living, households that are exempt from paying 2009 resident’s tax, those who are 75 years of age or older.

Locations for Vaccinations can be Receive

In principle, please go to a regular doctor for vaccinations after making an appointment. If you do not go to a regular doctor, some certificates will be required. Please ask Kokusai Danjyo Kyodo Sankaku-ka (International Relations Section) Tel: 393-5111 for more details.

List of Institutions for Vaccinations (“*” only for regular patients)

1. * Kunugi Sanfujinka Clinic address: Honcho1-22-24 tel: 395-3331
2. * Abe Shonika Clinic address: Honcho1-23-23 tel: 395-2212
3. Kawaguchi Clinic address: Honcho2-3-2 エミネス Higashimurayama tel: 397-3741
4. * Taketani Himawari Women’s Clinic address: Honcho2-3-21 Akasawa bldg. tel: 398-4103
5. Ekimae Heart Naika Clinic address: Honcho2-3-71 Iwata bldg. 4F tel: 394-0534
6. * Ushiki Fujinka Clinic address: Honcho2-3-79 ミネルバ bldg. 5F tel: 390-8822
7. * Toshin Ekimae Clinic address: Honcho2-4-61 Crest Heim1F tel: 394-2128
8. * Ohno Seikei Geka Clinic address: Honcho2-8-2 Prime Bldg. #103 tel: 395-7700
9. Honcho Clinic address: Honcho2-19-55 tel: 395-7020

10. Ikeda Naika Iin Clinic address: Honcho2-20-26 tel: 391-5581
11. Kitatama Seikyo Shinryojo Clinic address: Honcho4-2-32 Dolce Kumegawa tel: 391-5903
12. Hirasawa Iin Clinic address: Honcho4-5-10 tel: 391-1071
13. One's Tower Sukoyaka Clinic address: Noguchi-cho1-46 One's Tower 4F tel: 399-0122
14. Donguri Kids Clinic address: Noguchi-cho1-46 One's Tower 4F tel: 399-2330
15. Higashimurayama Keyaki Clinic address: Noguchi-cho2-4-35 tel: 409-0884
16. Tokyo Hakujuuji Hospital address: Suwa-cho2-26-1 Tel: 391-6111
17. * Higashimurayama Shinryojo Clinic address: Suwa-cho3-4-61 Tel: 395-0052
18. * Shin Yamanote Hospital address: Suwa-cho3-6-1 Tel: 391-1425
19. Kuwata Iin Clinic address: Tamako-cho1-30-4 Tel: 393-3686
20. * Koroda Naika Clinic address: Kumegawa-cho2-15-1 Tel: 398-7001
21. Megurita Clinic address: Megurita-cho1-31-54 Tel: 390-4600
22. Kumegawa Ekimae Jin-Naika Clinic address: Sakae-cho1-4-23 Kumegawa Station Bldg.2F Tel: 397-6600
23. Miyahara Seikei Geka Clinic address: Sakae-cho1-4-26 3F Tel: 316-5562
24. * Kumegawa Naika Jyunkanki Clinic address: Sakae-cho1-4-26 #202 Tel: 313-7663
25. Mizutani Iin Clinic address: Sakae-cho1-13-1 Tel: 390-5522
26. Oak Clinic address: Sakae-cho2-7-15 Tel: 395-1550
27. Iba Shonika Clinic address: Sakae-cho2-8-17 Tel: 391-0250
28. * Uehara Geka Clinic address: Sakae-cho2-11-2 Tel: 391-0434
29. * Watanabe Shonika Clinic address: Sakae-cho2-18-13 Tel: 393-3479
30. Kumegawa Shinryosho Clinic address: Sakae-cho2-19-25 Tel: 391-0440
31. * Komai Seikei-Geka Clinic address: Sakae-cho2-21-11 Koinuma Bldg. Tel: 396-3485
32. * Obara Clinic address: Sakae-cho2-32-20 Tel: 395-0771
33. * Take Kodomo Clinic address: Sakae-cho2-32-20-201 Tel: 397-3374
34. Fukuda Iin Clinic address: Sakae-cho2-33-2 Tel: 396-2828
35. Tomatsu Iin Clinic address: Sakae-cho3-27-1 Tel: 391-1382
36. * Nozoe Iin Clinic address: Sakae-cho3-27-6 Tel: 391-3151
37. * Sekine Iin Clinic address: Sakae-cho1-32-2 Tel: 341-0456
38. * Higashimurayama Fukushi-En Clinic address: Hagiya-cho1-35-1 Tel: 343-8141
39. * Henmi Hospital address: Hagiya-cho3-26-16 Tel: 391-1903

40. * Ryokufuso Hospital address: Hagiya-ma-cho3-31-1 Tel: 392-1101
41. * Maemura Shonika Naika Clinic address: Hagiya-ma-cho4-2-27 Tel: 391-0465
42. Monma Iin Clinic address: Hagiya-ma-cho4-3-5 Tel: 391-0450
43. Momiyama Iin Clinic address: Hagiya-ma-cho4-3-17 Tel: 391-0564
44. Kubo Clinic address: Onta-cho1-30-1 Tel: 390-3477
45. Mannen-bashi Takayama Clinic address: Onta-cho1-40-3 Tel: 313-3777
46. * Onta-cho Shinryojyo Clinic address: Onta-cho2-23-14 Tel: 394-8336
47. * Tama Hokubu Iryo Center Hospital address: Aoba-cho1-7-1 Tel: 396-3811
48. * Higashimurayama Rojin-Home Shinryojyo Clinic address: Aoba-cho1-7-1 Tel: 391-0144
49. Sakai Iin Clinic address: Aoba-cho2-1-36 Tel: 393-6901
50. * Kurihara Iin Clinic address: Aoba-cho2-14-25 Tel: 393-1489
51. * Akitsu Ryoiku-en Clinic address: Aoba-cho3-31-1 Tel: 391-1377
52. * Kokuritsu Ryoyojyo Tama Zenshoen Hospital address: Aoba-cho4-1-1 Tel: 395-1101
53. Imai Clinic address: Akitsu-cho2-23-2 Tel: 393-7880
54. Ai no Izumi Clinic address: Akitsu-cho3-12-3 Tel: 394-4836
55. Akitsu Kodomo Clinic address: Akitsu-cho4-31-16 Tel: 390-1150
56. Murase Iin Clinic address: Akitsu-cho5-4-3 Tel: 391-8565
57. Eikokai Dai1 Shinryojyo Clinic address: Akitsu-cho5-8-84 Tel: 391-2418
58. * Miyasaka Shin Akitsu Jibika Clinic address: Akitsu-cho5-13-70 Yamada Bldg. 2F Tel: 398-1480
59. * Yamada Iin Clinic address: Akitsu-cho5-14-4 Tel: 390-2747
60. * Shin Akitsu Maemura Clinic address: Akitsu-cho5-36-37 Tel: 399-1919
61. Wada Iin Clinic address: Misumi-cho1-7-33 Tel: 394-7655
62. Misumi Clinic address: Misumi-cho1-20-1 Tel: 392-9110
63. Kurisu Iin Clinic address: Misumi-cho2-18-36 Tel: 391-5186
64. * Seibu Chuo Hospital address: Fujimi-cho1-1-43 Tel: 393-1811
65. Wakaba Kodomo Clinic address: Fujimi-cho3-13-14 Tel: 390-2700
66. Fujimi Clinic address: Fujimi-cho5-6-33 Tel: 392-3629
67. Fujieda Iin Clinic address: Fujimi-cho5-9-26 Tel: 391-1317

Inquiry about H1N1 Flu

1. Higashimurayama City Hall, Kenko-ka Dep. Tel: 393-5111
2. Tokyo Metropolitan Health Consultation Center for H1N1
Weekdays: 17- 9, Weekends & Holidays: 24 hs.

Phone: 0570-03-1203, IP phone, PHS: 03-5977-5638

3. Public Health Center (Tama-Kodaira Branch)

Weekdays: 9- 17 Phone: 042-450-3111

Holiday Evening Emergency Clinic

(Internal Medicine and Pediatrics : 5pm to 10pm)

1-2-3 Honcho, Iki Iki Plaza (next to City Hall) Tel: 393-5111

Nov. 8 – Feb. 28 … 10am – 2pm, 5pm to 10pm