

To parents / guardians

**Those aged from 5 to 11 can now receive COVID-19 vaccine.**

**Children COVID-19 infection rates out of total are on the rise domestically.**

**This guide will help you and your child consider together if get vaccinated.**

◎Available vaccine

Vaccine for those aged 5-11 made by Pfizer will be used, which is for younger children(※).  
3weeks after 1<sup>st</sup> shot vaccinated, and your child will get 2<sup>nd</sup> shot, which is twice in total.

(※) Active ingredients are one third compared to ones for 12years old or elder made by Pfizer.

◎Eligibility

●Those aged from 5 to 11

●Especially if your child has underlying medical conditions that are likely to develop at a high risk (※) such as chronic respiratory disease(CRD) and congenital heart disease, vaccination will be recommended. When get vaccinated, consult on your child's regular doctor in advance.

(※)Japan Pediatric Society publishes a list of diseases with a high risk of severe cases of COVID-19 infections.

Japan Pediatric Society "Information related with COVID-19"(Japanese only)

URL: [https://www.jpeds.or.jp/modules/activity/index.php?content\\_id=333](https://www.jpeds.or.jp/modules/activity/index.php?content_id=333)



### **Effectiveness of COVID-19 vaccine**

Q. What effectiveness does COVID-19 vaccine have?

A. COVID-19 vaccine will prevent you from appearing symptoms if you get infected by COVID-19. If get vaccinated, you can build immunity against COVID-19 inside your body. If virus enter your body, you will get ready for fighting against virus soon so that's why symptoms will not be likely to come up. A report tells that those aged from 5 to 11 can avoid infection in 90.7% 7days after they get vaccinated twice. (※).

(※) That is the data before Omicron variant appears.

Source (e.g. quotation) : Reports related with exceptional approval

### **Safety of COVID-19 vaccine**

Q. What symptoms will come up after child gets vaccinated?

A. Most likely happening is pain at the injected part.

After vaccinated, most likely happening symptom coming up in a few days is pain at the injected part, which is 74% for 1<sup>st</sup> shot and 71% for 2<sup>nd</sup> shot. Children may feel pain rather at night of the vaccinated day or next day than soon after injected. Fatigue or fever is likely to happen in 2<sup>nd</sup> shot rather than 1<sup>st</sup>. 38 centigrade or higher fever is 2.5% for 1<sup>st</sup> shot and 6.5% for 2<sup>nd</sup> shot. Almost of all symptoms are in slight or middle level, and it is judged there can be no serious concerns about its safety as far as the information show us at present.

■Symptoms possible to happen in a few days after vaccinated

Ratio symptoms came up	Symptoms
50% or more	pain at the injected part, fatigue
10~50%	Headache, lush or swelling at the injected part, muscle pain, chill
1~10%	Diarrhea, fever, joint pain, vomiting

Source (e.g. quotation): Reports related with exceptional approval

Q. It is heard that myocarditis is subject to happen to young boys especially, how is it to children?

A. It has been reported that ratio which myocarditis happened to boys aged from 5 to 11 is lower than those aged from 12 to 17 in the U.S., and that there are cases of mild myocarditis in children overseas although it is rare. Reporting ratio that myocarditis happened after received COVID-19 vaccination is supposed to be lower for boys aged from 5 to 11 than for those aged from 12 to 15, 16 or 17. If your child experiences symptoms such as chest pain, palpitations, shortness of breath, or swelling within about 4 days of vaccination, please seek medical attention immediately and inform them that he/she received the vaccine. If your child is diagnosed with myocarditis, he/she will generally need to be hospitalized, but most patients recover spontaneously with rest.

Source (e.g. quotation): 2022.1.5 ACIP Meeting

## How to receive COVID-19 vaccination

©The consent and presence of a parent / guardian is required for the vaccination of children. When receiving the vaccine, we ask that parents/guardians make a decision based on their own will, with correct knowledge of both the effectiveness of the vaccine in preventing infectious diseases and the risk of adverse reactions. Vaccinations will not be administered without parental consent.

Do not force people around you to get vaccinated, and do not discriminate against people who have not been vaccinated.

©On the day of vaccination, please bring your maternal and child health handbook if possible. For children's vaccinations, the vaccination history is managed in the maternal and child health handbook, so please bring your maternal and child health handbook if possible on the day of vaccination. In addition, please remember to bring the contents of the envelope that contained the vaccination ticket and your identification documents ( My Number Card, Health Insurance Card, etc.).

©If any questions or concerns about the vaccine, please consult your physician. Please consult your physician about the interval between COVID-19 vaccine and other one. As a rule, no other vaccines can be given at the same time as COVID-19 vaccine or for 2 weeks before and after the vaccine. If you have questions or concerns because your child has underlying medical condition, please consult your physician carefully.

## Where to consult

◎For inquiries about COVID-19 vaccine

If there are any abnormalities in the body after vaccination	⇒Clinic/Hospital you got vaccinated, your physician, or help window at local or upper level municipality
Inquiries about vaccination in general	⇒help window at local municipality

◎Relief System of Damage to Health for Immunization

When vaccinated, damage to health which means a recipient gets sick or remains disability might happen, which is very rare but it cannot extinguish completely, so that is why relief system is installed.

In the case of health damage caused by COVID-19 vaccination, relief such as medical expenses, disability pension benefits, etc. is also available based on Immunization Act (※). Please consult about required application procedures on [Higashimurayama City](#).

(※) When the Minister of Health, Labor and Welfare certifies that the damage to health was caused by the vaccination, local municipality will conduct allowances. For certification, the National Certification Board for Diseases and Disabilities, which is composed of experts in vaccination, infectious diseases, medicine, and law, conducts a review to determine causality.

Some get vaccinated, some don't. After vaccinated, countermeasures for COVID-19 avoidance such as washing hands, sanitizing and wearing mask will be encouraged.

●Please refer to the website of the Ministry of Health, Labor and Welfare about Detail information such as effectiveness and safety of COVID-19 vaccine for Children.



Inquiries to Higashimurayama City

Right 2D code leads you to make an appointment for the vaccine on the internet.

Toll Free  
0120-103-567

Business hours: 8:30am to 5:00pm

Both COVID-19 consultation and making the vaccine appointment are available.

Other information can be checked on the City office website.

There are information for foreign residents.




Created by Higashimurayama City, based on “To Children aged 5 to 11 and their parents / guardians COVID-19 Vaccination Information by the Ministry of Health, Labor and Welfare”

作成:東村山市 厚生労働省「5歳から11歳のお子様と保護者のかたへ 新型コロナワクチン接種についてのお知らせ」をもとに作成